

# Daily Activities

Time	Activity	Room
<b>MONDAY</b>		
9-11	PLASTIC CANVAS	CRAFT
8-11	FREE COMPUTER TIME	COMPUTER
12:15	BRIDGE	GAME
12:45	REGULAR WHIST	MULTI PUR.2
1-4	FREE COMPUTER TIME	COMPUTER
1:00	NURSE IS IN	CONF
12:45	MICHIGAN RUMMY	MULTI PUR2
1-3	CERAMICS *	CRAFT
2:45	GENTLE YOGA **	EXERCISE
<b>TUESDAY</b>		
9:30	ADV. LINE DANCING	MULTI PUR2
9-11	FREE COMPUTER TIME	COMPUTER
10-11	QUILTING*	CRAFT
1:00	FUN WITH WATERCOLORS*	
1:00	CRIBBAGE	GAME
1:00	COMPUTER GREET. CARD	COMPUTER
1-4	POCKETBOOK THERAPY*	CONF.
1:00	SENIOR FITNESS**	EXERCISE
1:30	BINGO	MULTI PUR2
8-12	FREE POOL/TABLE TENNIS	GAME
6:30 PM	BEG. T'AI CHI**	EXERCISE
<b>WEDNESDAY</b>		
9-11	PLASTIC CANVAS	CRAFT
9-1:30	MASSAGE THERAPY*	CONF
10:30	SENIOR AEROBICS**	EXERCISE
12-1	1 ON 1 WITH JEFF	PARLOR
1-3	SCRAPBOOKING*	CRAFT
1-3	CRIBBAGE	GAME
1:00	COMPUTER CLASS*	LAB
1:30	BINGO	MULTI PUR 2
<b>THURSDAY</b>		
10-11:30	BEG. LINE DANCING	MULTI PUR 1
10:00	ACRYLIC PAINTING *	CRAFT
12:15	BRIDGE	GAME
12:30	TOC	MULTI PUR 1
12:45	BID WHIST	MULTI PUR 2
1:00	SENIOR FITNESS**	EXERCISE
2:00	BACK INTO ACTION**	EXERCISE
1:00	QUILTING*	CRAFT
1-4	POCKETBOOK THERAPY*	CONF
1:00	SCRABBLE	CRAFT
<b>FRIDAY</b>		
9:00	PLASTIC CANVAS	CRAFT
10:30	SENIOR AEROBICS**	EXERCISE
1:00	CERAMICS*	CRAFT
1:00	COMPUTER CLASSES*	COMPUTER
1:00	BID WHIST	MULTI PUR 2
1:00	MICHIGAN RUMMY	MULTI PUR 1
<b>SATURDAY</b>		
12:00	SCAT	GAME
1:00	CRIBBAGE	GAME

# William B. Cashin December 2004 Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>PLEASE NOTE:</b> * DENOTES A NEED TO REGISTER AT THE SENIOR CENTER @ 624-6536 ** DENOTES A NEED TO REGISTER AT PRIME TIME @ 663-6333 ***DENOTES REGISTRATION WITH ST. JOS. @ 668-0254						
			1 11:00 COOKIN FOR 1** 11:00 HEARING SCREENING*	2	3	4
5	6 9:00 -1:00 FLU SHOT CLINIC *	7 11:00-3:00 CHRISTMAS PARTY AT CHATEAU*	8 9:00 TICKET SALES NEW YEAR'S EVE PARTY*	9 10:00 TICKET SALES FOR MAYOR'S CHRISTMAS DINNER	10	11
12	13	14 11:00 FOODS THAT FIGHT COLDS & FLU	15 12:30 HISTORY OF PUBLIC HEALTH IN MANCHESTER	16 9:00 WEST HIGH ALUMNI MEETING 5:00 CHRISTMAS LIGHT TOUR*	17 12:30-3:30 MAYOR'S CHRISTMAS DINNER @ CENTER OF NH	18
19	20	21	22	23	24 CHRISTMAS EVE CENTER & COMMUNITY DINING CLOSED	25
26	27	28	29	30 ST. JOSEPH'S COMMUNITY DINING NEW YEAR SPECIAL ***	31 NEW YEAR'S EVE PARTY DOORS OPEN AT 10:30 NO REGULAR ACTIVITIES*	

Merry Christmas